



Coronavirus Advice to Members

What is Coronavirus?

COVID-19 is a new illness that can affect your lungs and airways. It is caused by a virus called coronavirus.

What's the risk of coronavirus in the UK?

The UK Chief Medical Officers have raised the risk to the public from low to moderate.

Health professionals are working to contact anyone who has been in close contact with people who have coronavirus.

Symptoms of coronavirus

The symptoms of coronavirus are:

- a cough
- a high temperature
- shortness of breath

But these symptoms do not necessarily mean you have the illness.

The symptoms are similar to other illnesses that are much more common, such as cold and flu.

How coronavirus is spread

Because it is a new illness, we do not know exactly how coronavirus spreads from person to person. Similar viruses are spread in cough droplets.

It is very unlikely it can be spread through things like packages or food.

Do I need to avoid public places?

Most people can continue to go to work, school and other public places.

You only need to stay away from public places (self-isolate) if advised to by the 111 online coronavirus service or a medical professional

How can I protect myself?

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- always wash your hands when you get home or arrive at a venue
- use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin straight away and wash your hands afterwards
- try to avoid close contact with people who are unwell

Not

- do not touch your eyes, nose or mouth if your hands are not clean

Will NASBTT be cancelling their events?

NASBTT will follow the advice of Public Health England. At present, they are advising that it is safe to continue to travel to work and public events and, therefore, we intend to proceed with all events currently scheduled. Should you be advised to self-isolate due to a suspected infection, or exposure to infection, you may send a colleague in your place or request to be issued with a credit note for use against a future event (note, the credit note will apply only in the case of coronavirus infection; in all other cases, our normal cancellation policy will apply).

What if Public Health England advice changes?

We will continue to monitor the advice from Public Health England closely. In the event that they advise the cancellation of public events, we will postpone our planned activities until the warnings have been lifted. In the event of a postponed event, bookings will be carried over to the new date. Refunds will not be issued. If you are unable to attend the alternate date, you may send a colleague in your place or request to be issued with a credit note for use against a future event. (Note, the credit note will only apply if NASBTT is compelled to rearrange the date of an event and the delegate is unable to attend or send a colleague. In all other instances, our normal cancellation policy will apply).

Public Health England: Advice on the coronavirus for places of education

A useful guidance sheet for places of education published by Public Health England can be found [here](#).

Department for Education Coronavirus helpline

The DfE has opened a helpline to answer questions about COVID-19 related to education. Staff, parents and young people can contact the helpline as follows:

Phone: 0800 046 8687

Email: DfE.coronavirushelpline@education.gov.uk

Opening hours: 8am to 6pm (Monday to Friday)

Schools should not close in response to a suspected (or confirmed) COVID-19 case unless directed to do so by Public Health England.